

**RECOMMENDATION FOR THE USE OF A DIETARY SUPPLEMENT  
BY YOUR HEALTHCARE PROVIDER**

There are certain classes of licensed healthcare professionals who are permitted to diagnose and treat diseases. The individual scope of practice may be limited to certain types of health concerns dependent on the nature of their training and as deemed by the governmental agency with jurisdiction over the healthcare professional's license. In the scope of practice it may be appropriate to include the use of a dietary supplement to support the health of the patient who is also dealing with a diagnosed ailment.

In 1994, a law was signed by President Clinton called the DSHEA Act of 1994. DSHEA stands for Dietary Supplement Health and Education Act. This law requires that the manufacturers of dietary supplements may describe the supplement's effects on "structure or function" of the body or the "well-being" achieved by consuming the dietary ingredient. It further requires that claims may not be made about the use of a dietary supplement to diagnose, prevent, mitigate, treat or cure a specific disease.

In addition, the supplement label must bear the statement  
"This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease."

As part of your care, certain dietary supplements have been recommended to support your good health. This clinic is committed to recommending only well-documented and science-based dietary supplements.

It is possible that the support of structure and function of your body may lead to an underlying improvement in your general well-being. We have seen circumstances where previously prescribed medications are no longer needed to treat a medical condition as the condition itself has spontaneously improved. Examples of such findings include blood pressure stabilization or blood sugar stabilization or improvement in joint inflammation.

In order to be compliance with the DSHEA Act of 1994, we ask that you sign this notice.

Patient Acknowledgment of Dietary Supplement Recommendation

I understand that the recommendation of certain dietary supplements is being made to support the structure and function of my body and not to diagnose, prevent, mitigate, treat or cure any disease.

I understand that my healthcare provider may adjust my medications as appropriate in the treatment of any disease or medical condition that I may experience based on ongoing assessments of my health needs.

I understand that my healthcare provider will take into consideration any dietary supplements that I disclose as part of his/her ongoing care and treatment.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_